



Queensland  
Country  
Bank

**Brisbane**  
**MARATHON**  
Festival

2-4 JUNE 2023 | QUEENSLAND, AUSTRALIA



# COMPETITOR GUIDE

## SUPPORTED BY



Queensland  
Country  
Bank



Event Organiser



Queensland  
Government



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# WELCOME

**Welcome to the highly anticipated Brisbane Marathon Festival 2023, proudly presented by our naming partner, Queensland Country Bank. We are thrilled to have you all here as we gear up for an unforgettable event.**

We are delighted to announce that the Queensland Country Bank Brisbane Marathon Festival has achieved record-breaking numbers in terms of event registrations. The response has been overwhelming, and we are ecstatic to share that the marathon and half marathon events have reached full capacity. This incredible sell-out is a testament to the enduring popularity and growing reputation of our festival.

We extend a warm welcome to our returning participants, sponsors, and local community groups who have been an integral part of our journey and have grown to feel a deep sense of pride in being a part of this extraordinary event. We also extend a heartfelt welcome to the new runners joining us this year, ranging from those embarking on their first fun run to seasoned marathoners and elite athletes who have included our festival in their running calendar.

We are proud to share that, with the continued growth of the Queensland Country Bank Brisbane Marathon Festival, we anticipate generating over \$4 million for the Brisbane economy.

This remarkable milestone underscores the significant impact of our event, as it supports local businesses, showcases the vibrancy of our city, and bolsters the community.

We hope that you embrace the day with enthusiasm and cherish the memories created at the Brisbane Marathon Festival 2023. Let us push our limits, inspire one another, and revel in the incredible sense of achievement that comes with crossing the finish line.

Thank you for being an integral part of this extraordinary event and for your ongoing support.



**JASON CROWTHER**

**ATLAS EVENTS DIRECTOR**

**QUEENSLAND COUNTRY BANK  
BRISBANE MARATHON FESTIVAL  
RACE DIRECTOR**

# WELCOME

## **Welcome to the Queensland Country Bank Brisbane Marathon Festival.**

**We are delighted that you chose to support this event in the beautiful city of Brisbane.**

Queensland Country Bank is a member-owned financial institution serving Queenslanders for over 50 years. The bank has a strong focus on supporting regional communities and is committed to helping local businesses and individuals achieve their financial goals. Through its partnership with the Brisbane Marathon Festival, Queensland Country Bank hopes to foster a sense of community and promote healthy living throughout Queensland.



The partnership between the Brisbane Marathon Festival and Queensland Country Bank provides an opportunity for both organisations to come together and positively impact the lives of Queenslanders. As a member-owned bank with a distinct purpose of helping all Queenslanders live better lives through better finances we are able to directly impact the communities we operate in. Events like the Brisbane Marathon Festival promote the importance of health and well-being and make a significant contribution to the local economy, so we're thrilled to be part of its continued success and future growth.

Enjoy the event and we look forward to seeing you at the start line.

**Aaron Newman**  
**Queensland Country Bank Chief Executive Officer**



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Country  
Bank**

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Normal lending criteria, terms, conditions and fees apply and are available on request. Consider the relevant TMD available at [queenslandcountry.bank](https://queenslandcountry.bank). The Canstar 2023 Outstanding Value Investment Home Loan was received in February, 2023 for the Ultimate Home Loan Package product. Queensland Country Bank Limited ABN 77 087 651 027 Australian Credit Licence 244 533

# WELCOME

Welcome to the 2023 Brisbane Marathon Festival!

As one of the highlights of Brisbane's jam-packed major events calendar, we're excited to see over 7,500 competitors racing through our beautiful city, with thousands of spectators cheering them on.

The streets will come to life with droves of supporters, loved ones and locals, creating a buzzing atmosphere. Crowds will not leave disappointed with some of the state's fastest runners visiting to compete in the Queensland Athletics 10km Championships.

This much-loved event is a fantastic

way to discover the city, with some of our most iconic landmarks, from the Story Bridge and New Farm Park to our lush Botanic Gardens and Kangaroo Point Cliffs, providing a picturesque backdrop to keep competitors motivated.

When you've caught your breath, racers can join family and friends to discover Brisbane's cafés, restaurants and bars for a post-race celebration in one of our burgeoning lifestyle precincts such as Howard Smith Wharves, James Street, Fish Lane and The City.

Proudly supported by Brisbane City Council through Brisbane Economic Development Agency, the Brisbane Marathon Festival attracts new visitors to our city, brings together our community and provides a healthy boost to the city's local economy and our hard-working local businesses.

We wish you good luck and hope you enjoy the best of Brisbane!



**Adrian Schrinner**  
**Lord Mayor of Brisbane**



QUEENSLAND

brisbane

AUSTRALIA

# EXPLORE BRISBANE

Refuel for your next adventure.



Explore now

HOWARD SMITH WHARVES

[visitbrisbane.com.au](https://visitbrisbane.com.au)

# PAVE

# WELCOME

## **Message from the Minister for Tourism, Sport and Innovation and Minister Assisting the Premier on Olympics and Paralympics Sport and Engagement.**

### **The Hon. Stirling Hinchliffe MP**

Welcome to the Brisbane Marathon Festival, a highlight on the It's Live in Queensland events calendar and a wonderful opportunity to showcase Brisbane as a tourism destination.

The Brisbane community is grateful to welcome visitors who fill their cafes and restaurants, stay in their accommodation, use local transport and explore our unique tourism experiences.

That's why we support events through Tourism and Events Queensland's Destination Events Program because they bring a welcomed boost to the local community and supports local jobs.

Events like the Brisbane Marathon Festival allows friends and family to reconnect and creates community pride. We hope you enjoy your stay and return again in the near future.

Be sure to immerse yourself in the local culture and get the opportunity to explore some of our world-class tourism experiences in this beautiful region.

Congratulations to the event organisers and volunteers – we wish you all the best for a successful event.

## **Message from the Minister for Tourism, Sport and Innovation and Minister Assisting the Premier on Olympics and Paralympics Sport and Engagement.**





FIFA WOMEN'S WORLD CUP AUSTRALIA & NEW ZEALAND 2023™,  
BRISBANE, 20 JULY - 20 AUGUST 2023

**QUEENSLAND  
IS HOME TO  
WORLD-CLASS  
EVENTS**

[QUEENSLAND.COM/EVENTS](https://www.queensland.com/events)

**IT'S LIVE!**  
*in Queensland*

# EVENT SCHEDULE

## FRIDAY 2 JUNE 2023

TIME	EVENT
1:00pm	Registration & expo Opens - officially
6:00pm	Registration & expo closes

## SATURDAY 3 JUNE 2023

TIME	EVENT
9:00am	Registration & event expo opens
9:00am	Run Resilience Workshop commences (pre-bookings only)
1:00pm	Run Resilience Workshop ends (pre-bookings only)
4:00pm	Registration & event expo closes



# EVENT SCHEDULE

**SUNDAY 4 JUNE 2023**

<b>TIME</b>	<b>EVENT</b>
5:00am	Bag Drop & Information Tent Open
5:57am	Wheelchair marathon & half marathon start
6:00am	Queensland Country Bank Marathon and BHP Half Marathon Start
6:30am	Event Expo Opens
6:45am	On 10km Start
8:10am	BHP Half Marathon Winners Presentation
8:15am	On 10km Winners Presentation
9:15am	5km Start
9:30am	Queensland Country Bank Marathon Winners Presentation
9:40am	5km Presentation Winners Presentation
10:25am	Ronald McDonald warm up and stretch session
10:30am	Macca's 2km Mini Marathon Start
11:15am	Macca's 2km Mini Marathon Winners Presentation
11:15am	Teams prize winners announced
12:30pm	Event Expo Closes
1:00pm	Event Close

**FLY FROM BRISBANE TO TAIPEI**  
**SEE THE WORLD'S BEST DESTINATIONS**

# **EVA AIR**

# **MARATHON**

# **2023**

**22.10.2023 RUN TAIPEI!**

42.195K 🏃 21.0975K 🏃 10K 🏃 3K

# **EVA AIR**



# BEFORE THE RACE

## BIB COLLECTION

If you did not opt to have your race bib mailed to you, it must be collected from the Registration Desk at Race Precinct prior to race day.

### Details below:

**Location:** Event Precinct – City Botanic Gardens

### Date / Time:

Friday 2 June, 1pm – 6pm

Saturday 3 June, 9am – 4pm

- Bring your Registration Confirmation with your printed QCode
- *a friend can collect on your behalf with a copy of your registration email*

**Strictly no bib collections on race day.**

## TRANSFERS TO ANOTHER DISTANCE

Transfers to another distance must be done in person at the Transfers Desk at Registration on Friday 2 June (1pm - 6pm) or Saturday 3 June (9am - 4pm).

You can transfer to simply go up or down in distance. There is no fee but you must pay the difference in entry fee (at that time) if you go up in distance. There is no refund for going down distance.



## TRANSFERS TO ANOTHER PERSON

Transfers to another distance must be done in person at the Transfers Desk at Registration on Friday 2 June (1pm - 6pm) or Saturday 3 June (9am - 4pm).





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# BEFORE THE RACE

## EVENT START TIMES & LOCATION

The start line for all events is at the Brisbane City Botanic Gardens - Alice Street.

## QUEENSLAND COUNTRY BANK BRISBANE MARATHON

- Start time: 6am
- Suggested arrival time: 5:30am or prior

## BHP HALF MARATHON

- Start time: 6am
- Suggested arrival time: 5:30am or prior

## ON 10KM

- Start time: 6:45am
- Suggested arrival time: 6:15am or prior

## 5KM RUN/WALK

- Start time: 9:15am
- Suggested arrival time: 8:45am or prior

## MACCA'S 2KM MINI MARATHON

- Start time: 10:30am
- Suggested arrival time: 10am or prior

## SELF SEEDED STARTING ZONES

Participants in the Marathon, Half Marathon, 10km and the 5km events are strongly encouraged to position themselves on the start line according to ability.

Personal timing chips will only be activated as runners cross the start line.



# 42.2KM STARTING ZONES



# 21.1KM STARTING ZONES



# 10KM STARTING ZONES



# 5KM STARTING ZONES





# BEFORE THE RACE

## CORRECT EVENT

Ensure you start and finish the event you are registered for, failure to do so will result in your finish time not being recorded. Your event is clearly marked on the front of your race bib.

## SPECIAL NEEDS DRINKS

- Special/personal drinks are for the marathon event only
- Drinks must be in sealed, leak proof containers, no taller than 21cm and clearly marked with your name/race number and the relevant aid station where it is to be placed at
- Special needs can be placed at the 10km, 22.1km & 31.3km aid stations
- Special Drinks are to be left in the designated aid station tub at registration by no later than 2pm Saturday 3 June
- It is your responsibility to find your own special needs bottle at each designated aid station
- Dispose of bottles in waste bins - please do not litter the course
- Unclaimed drinks will be disposed of

## BAG STORAGE

The event bag storage and information tent are in the Event Precinct and open from 5am on Sunday 4th June 2023.

Please attach your personal bag tag found on your race bib (it's a perforated tear off along the bottom) to your bag for easy identification. Please do not leave any valuables in your bags.

## OFFICIAL 2023 BRISBANE MARATHON FESTIVAL MERCHANDISE

To avoid missing out on your favourite items follow pre order your favourite event merch [here](#).

There will be some merch available for purchase over the event weekend. Visit the store located at the Queensland Country Bank Brisbane Marathon Festival Event Precinct.

Pre ordered merchandise will be available for collection from the Merchandise store at the times below.

### Merchandise must be collected at the event.

No merchandise will be mailed out prior to or after race day.

## MERCH STORE OPENING TIMES

- Friday 2 June, 1pm - 6pm
- Saturday 3 June, 9am - 4pm
- Sunday 4 June, 6:30am - 12:30pm

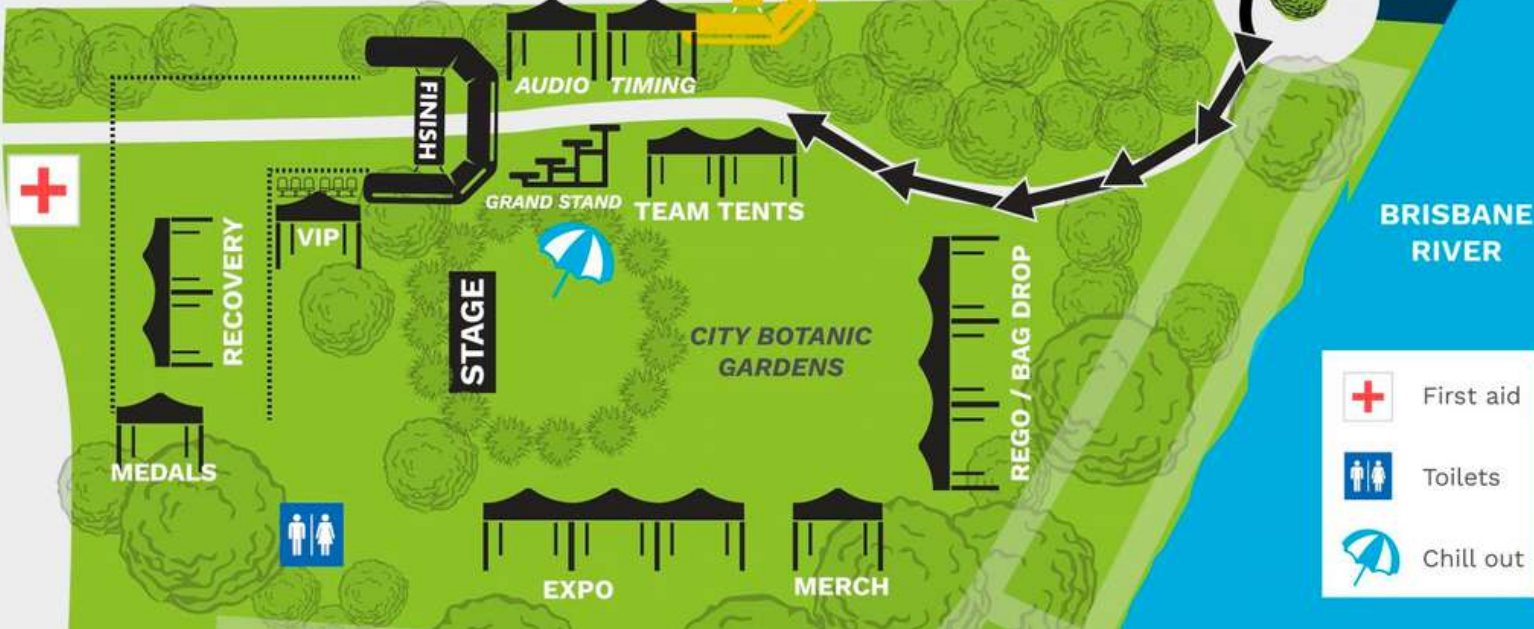


ALBERT ST

CITY

EDWARD ST

ALICE STREET



**BARISTA  
CRAFTED  
WHEREVER  
YOU ARE**

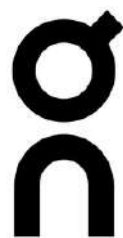
QUALITY COFFEE 24/7



COFFEE FIT FOR AN AUSSIE™

Available at participating restaurants.

# 2023 EVENT EXPO



# PARKING

CAR PARK	LOCATION	DISTANCE TO EVENT PRECINCT	OPENING TIME
<b>SOUTHBANK</b>			
<u>Southbank Parklands</u>	Southbank Parklands	1.9km	5am
<u>Secure Parking</u>	192 Vulture Street, South Brisbane	1.6km	24hrs
<b>CITY</b>			
<u>QUT Gardens Point</u>	QUT Gardens Point	800m	24hrs
<u>QUT undercover</u>	QUT undercover	800m	24hrs
<u>Myer Centre</u>	66 Elizabeth Street, Brisbane	650m	24hrs
	Wintergarden, 190 Elizabeth Street, Brisbane	600m	4am
<u>Secure Parking</u>	Macarthur Central, 246 Elizabeth Street, Brisbane	550m	5am
	Central Plaza 1, 345 Queen Street, Brisbane	800m	4am
	201 Charlotte Street, Brisbane	450m	4am
<u>Wilson Parking</u>	119 Charlotte Street, Brisbane	500m	24hrs
	126 Margaret Street, Brisbane	350m	6am

# PARKING



4 June 2023

Brisbane  
**MARATHON**  
Festival 

## ALL DAY PARKING RATES

### PARTICIPATING CAR PARKS

**\$9\*** **Wintergarden**  
ONLINE BOOKING  
RATE ONLY

**\$12\*** **Central  
Plaza 1**  
ONLINE BOOKING  
RATE ONLY

**\$12\*** **MacArthur  
Central**  
DRIVE UP RATE

**\$12\*** **201  
Charlotte St**  
ONLINE BOOKING  
promo code **BRISMARA23**

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AUSTRALIA

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# RAVE

# DURING THE RACE

## **AIMS CERTIFICATION**

The Brisbane Marathon is an AIMS certified course. The Brisbane Marathon Festival follows strict guidelines to ensure the distance runners are completing is accurately measured. Brisbane Marathon Festival events provide the ideal opportunity to set a personal best time or record a highly sought after qualifying time for the major marathons around the world including New York and Boston.

## **KILOMETER MARKINGS**

Kilometer markings will be clearly signposted every 5km.

## **MEDICAL AID**

If you require medical assistance please seek attention from our medical staff at the finish line.

## **RUNNING WITH PRAMS**

You may run with a pram. However, we ask if you can please start at the back of the race to ensure safety for your child as well as respect for other competitors.

## **ON COURSE NUTRITION**

We are proud to announce Infnit Nutrition will once again be the on course hydration sponsor for the 2023 event. The on course nutrition is the 'Infnit Speed mix' in orange flavour.

This product can be purchased online or at all good sports stores. If you would like to try or train with the fluids that will be used on race day please visit Infnit Nutrition and grab some of the perfect blend. Enter 'ATLAS' when you order your Infnit Nutrition online and receive 10% off your order.

## **RUNNING WITH HEADPHONES**

Running with headphones is not recommended, however we do allow the use of these while participating. If you choose to wear headphones, please ensure the volume is at a reasonable level so that you are able to hear instruction from course officials. Please keep to the left when possible to allow for faster runners to pass easily. Failure to follow instruction on course will result in automatic disqualification.



# AID STATIONS

AID STATION #	KM MARKER	EVENT	AID AVAILABLE
AS1A	3.8km, 24.9km	42km, 21km	Water
AS1B	5.2km, 26.3km	42km, 21km	Water & Electrolyte
AS2A	7.6km, 28.7km	42km, 21km, 10km	Water
AS2B	19.4km, 40.5km, 8.3km (10km)	42km, 21km, 10km	Water
AS3	10.2km, 31.2km, 3.3km (10km)	42km, 21km, 10km	Water & Electrolyte
AS4A	12.3km, 33.4km	42km, 21km	Water, Electrolyte & Special Needs
AS4B	17.1km, 38.2km, 8.3km (10km)	42km, 21km, 10km	Water & Electrolyte
AS5	14.3km, 35.4km	42km, 21.1km	Water & Electrolyte
AS6	1.2km (5km), 22.1km	42km, 5km	Water, Electrolyte & Special Needs





# DURING THE RACE

## TIMING

The Brisbane Marathon Festival uses electronic timing. Your personal race time (or net time) will be recorded as you cross the timing mats on the start line and will finish when you cross the finish line mats at the end. Ensure you start and finish the event you are registered for, failure to do so will result in your finish time not being recorded. Your event is clearly marked on the front of your race number.

## GUN TIME / NET TIME

Gun times are for the elites and all runners receive a gun and net time. Age group official times and age group medals will be awarded on net time.

## PACERS

Pacer Runners will be there throughout the event in the marathon, half marathon and 10km distances to help you achieve your running goals.

If you have a set time in mind that you would like to achieve, then our Pace Runners will play a huge part in your race!

## Our 2023 Pace Runners are:

### Queensland Country Bank Marathon

- 3hr – Daniel Williams
- 3hr 15mins – Darragh King & Emmanuel Vergara
- 3hr 30mins – Bin Lu (Aaron) & Thomas Li
- 3hr 45mins – Adam Bryce & Jeffrey Wright
- 4hr – Reece Crawford & Darrell Giles
- 4hr 15mins – Brett Kasatchkow & Leandro Flach

- 4hr 30mins – Kirsty Sutton & Lourens Coetzee
- 4hr 45mins – Jason Reid

## BHP Half Marathon

- 1hr 24mins – Anthony Fuster & Sebastian Pinel
- 1hr 30mins – Jingjing Li & Bowen Xu
- 1hr 40mins – Ning Liu & Paul Dack
- 1hr 50mins – Ryan Kent & Janet Smith
- 2hr – Ervin Chan & Hung Pham
- 2hr 10mins – Natalie Myatt & Wendy Gao

## On 10km

- 40mins – Maximilian Roethig
- 50mins – Simon Clarke & Devin Young
- 60mins – Ruiqi Guan & Katherine MacKenzie
- 70mins – Carmel Grashuis & Peita Hillman

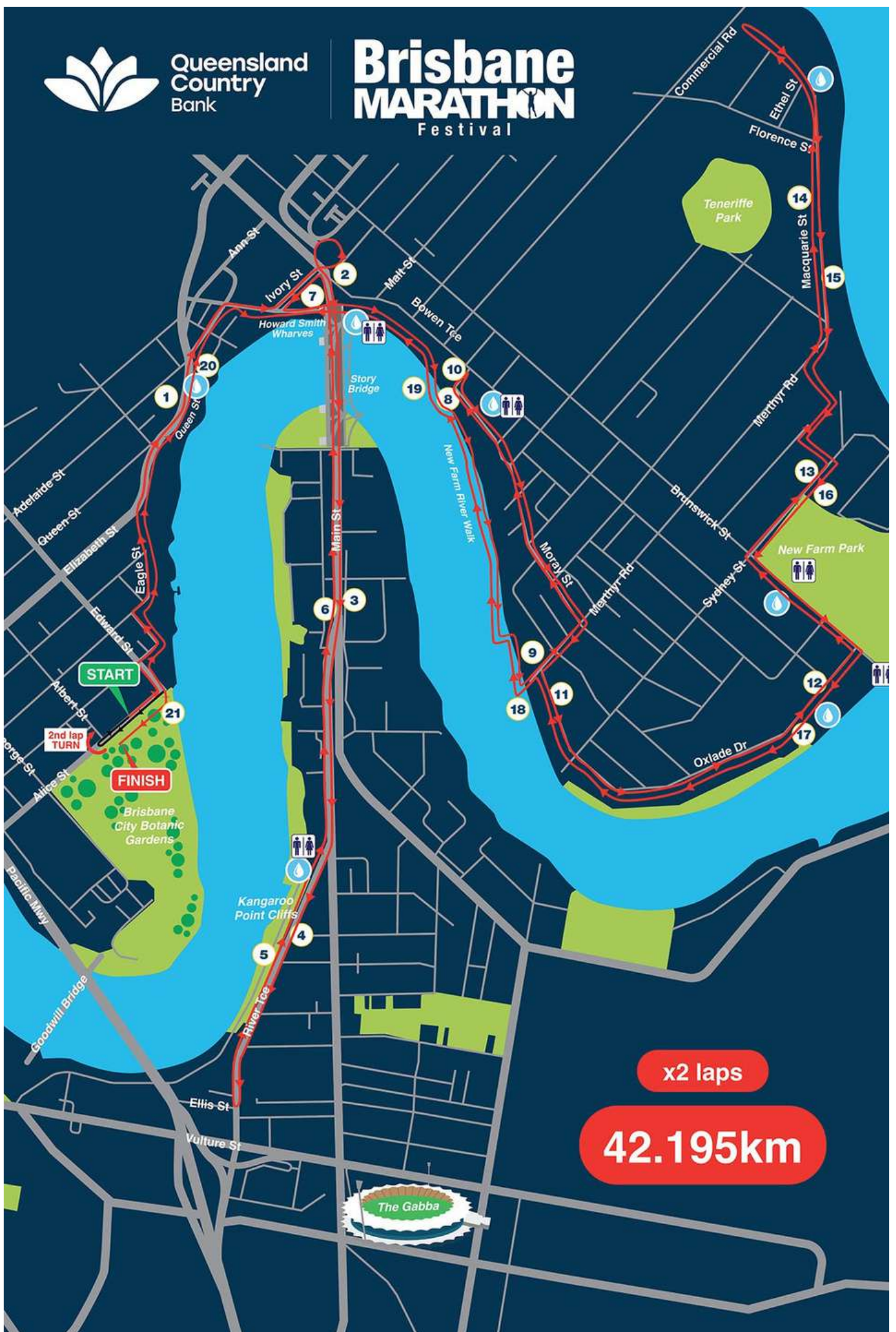
Pace Runners can be identified by the yellow pacer singlets and they will have helium balloons attached to them with the pace time and distance clearly marked on it. Make sure your start zone that you enter when registering reflects your goal pace time and be sure to assemble at the start line with your pacer who will encourage you throughout the race.





Queensland  
Country  
Bank

# Brisbane MARATHON Festival



x2 laps

42.195km

The Cloudmonster

on



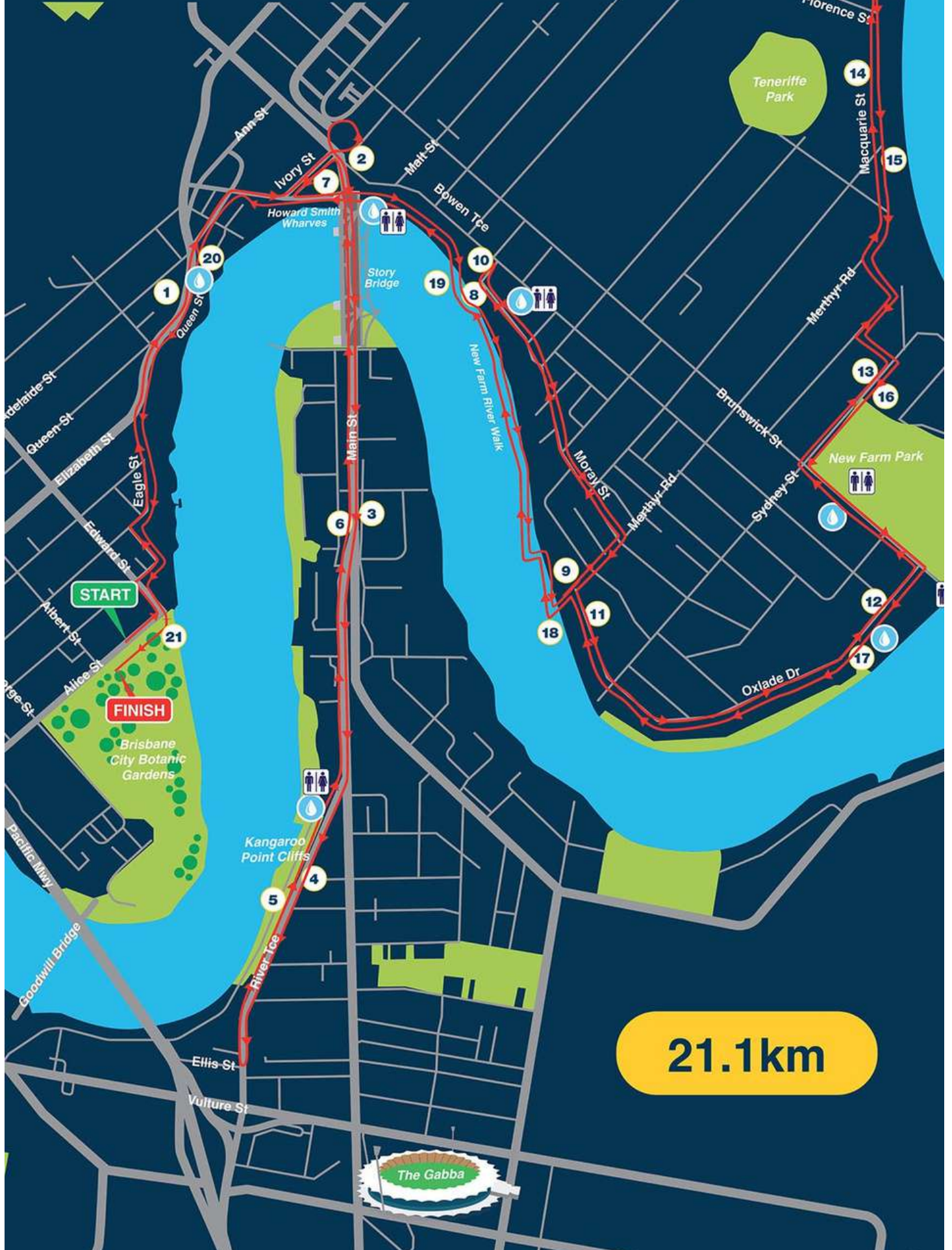
 SWISS ENGINEERING

On.com



Queensland  
Country  
Bank

# Brisbane MARATHON Festival



**21.1km**

# QLD HAS THE HIGHEST RATE OF SKIN CANCER IN THE WORLD

The UV index is high year-round, meaning even when it's cold or cloudy outside, you can still suffer skin damage.

If you're going for a run or enjoying the outdoors, you're even more at risk.

It's important to check your skin regularly, and if you notice any changes, talk to your GP about a skin check.

**Don't let your guard down this winter**



SLIP



SLOP



SLAP



SEEK



SLIDE



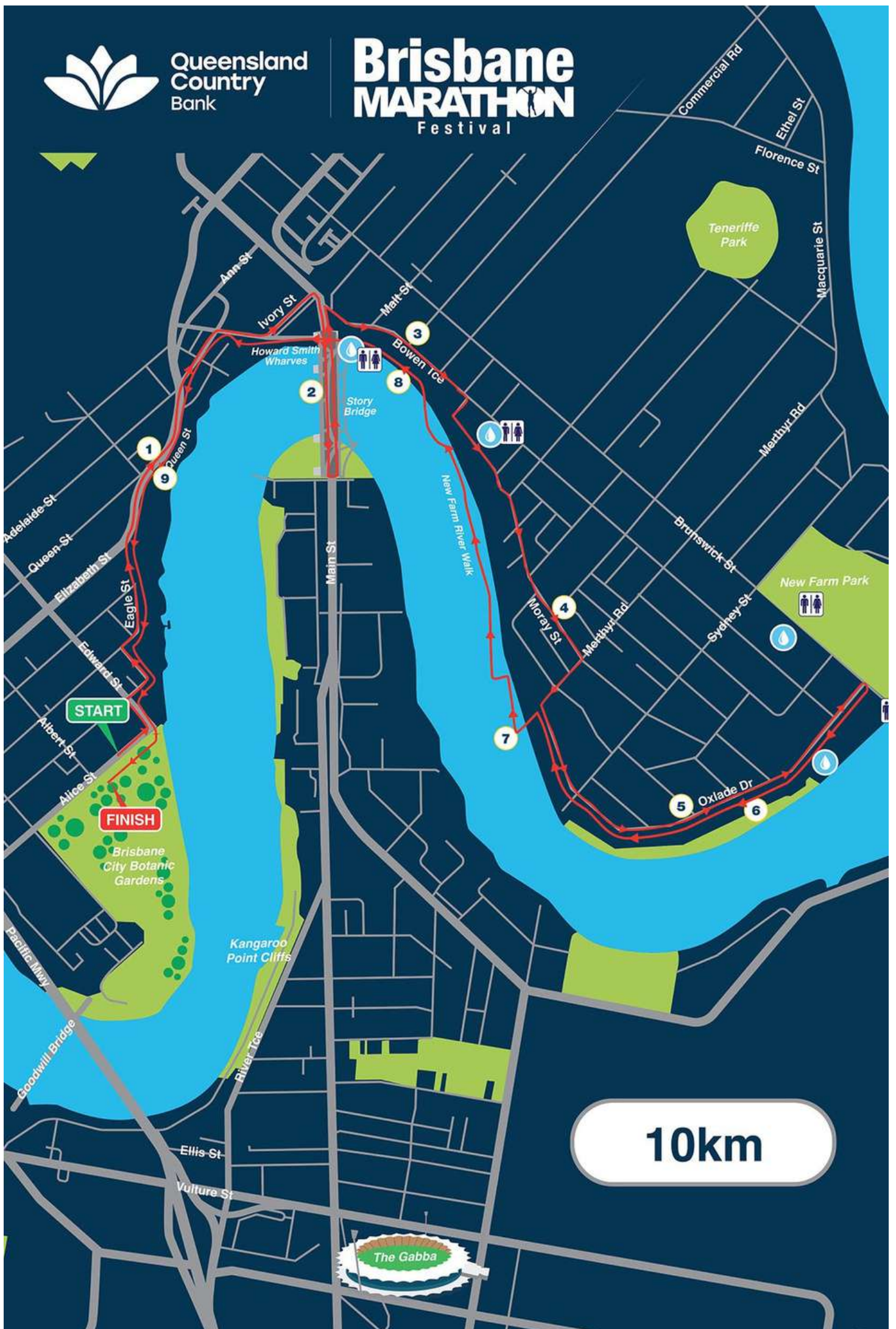
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# Brisbane MARATHON

Festival



10km



# Sun safety

## Did you know?

- Queensland has the highest rate of skin cancer in the world.
- 1 Australian is diagnosed with melanoma every 30 minutes.
- This is due to high levels of ultraviolet (UV) radiation year-round, Queenslanders' active outdoor lifestyle and some people failing to adopt sun safe behaviours.

## It's important to practice the five sun safe behaviours in Queensland, all year round.

### How do I run sun safe?

Below are some tips from Queensland Health on how to stay sun safe while running.

#### KEY SUN SAFE BEHAVIOURS



SLIP

Choose running outfits that:

- cover as much skin as possible
- offer UV protection, like those labelled UPF50
- are dark or bright colours.



SLOP

Apply sunscreen to all exposed areas of your body. [Correct sunscreen application](#) is essential. The average sized adult needs a teaspoon of sunscreen for each arm, leg, your front, your back, face, neck and ears.

Apply sunscreen 20 minutes before you run so it has time to bind to your skin, and re-apply at least every 2 hours and more regularly if you're sweating.

Choose sunscreen that is:

- SPF30 or higher
- broad-spectrum,
- water-resistant.



SLAP

The best sun-protective hats shade the head, face, neck and ears, like a legionnaire hat.

Caps and visors can also be worn while running but are not a good option for everyday sun protection.



SEEK

Plan training runs during hours when the sun is less intense (early mornings, late afternoons/evening) or when the UV is below 3 (download the [SunSmart Global UV app](#) to find forecast UV levels)

Plan training routes that are in shady areas whenever possible. Hydrate and rest in the shade.



SLIDE

Wear running sunglasses that are close-fitting and wrap-around.

Make sure they meet the Australian Standard for eye protection (AS/NZS1067). Sunglasses that carry an Eye Protection Factor (EPF) rating of 9 or 10 provide excellent protection, blocking almost all UV radiation.

## What else?

It's important to know your skin and check it regularly. If you notice any changes, visit your GP and ask about having a skin check.

To find out more, go to the [Queensland Government website](#) or [SunSmart website](#).



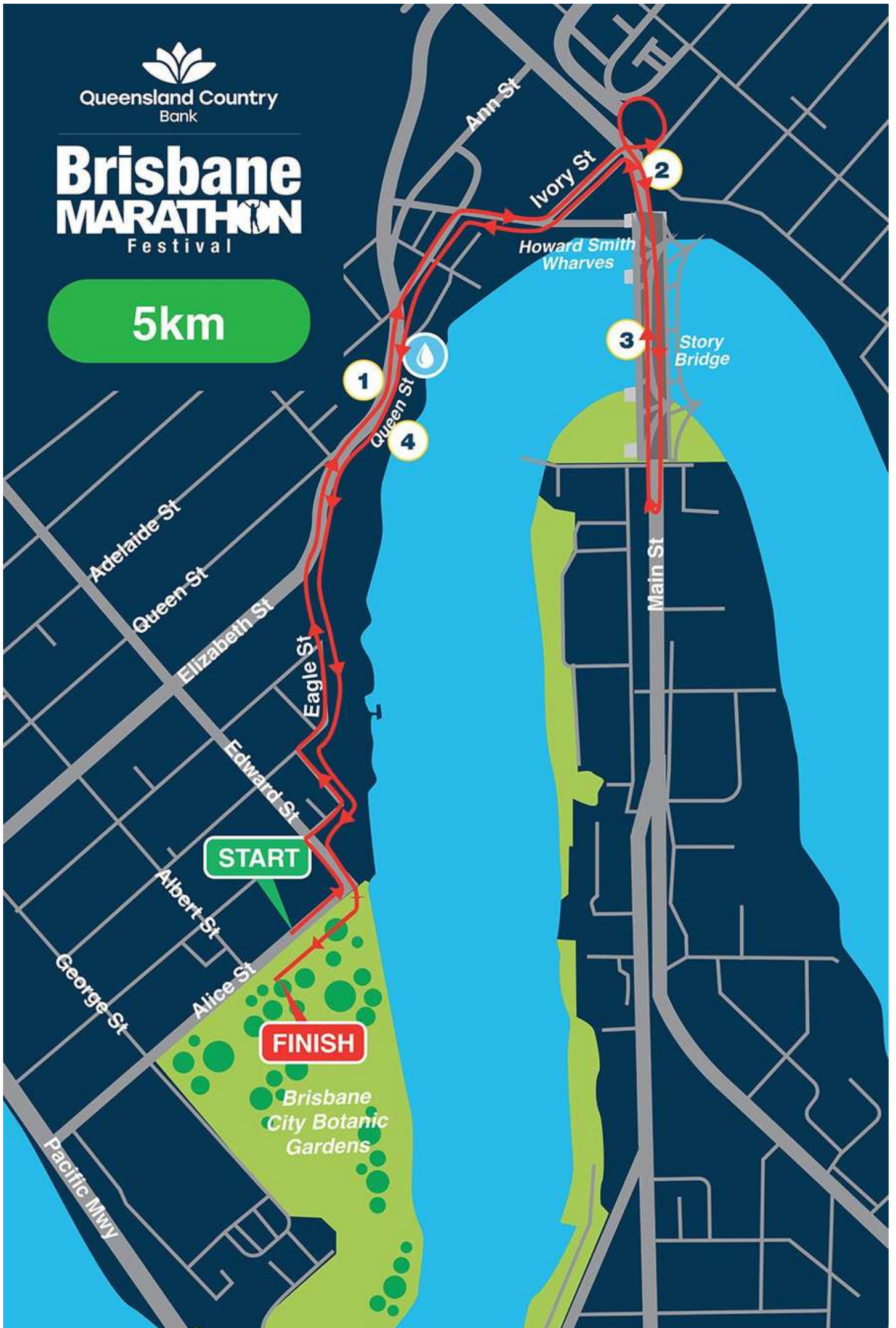
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Queensland Country  
Bank

# Brisbane MARATHON Festival

5km







Queensland Country Bank

# Brisbane MARATHON Festival

2km



# AFTER THE RACE

## FINISH CHUTE

Once you have completed your event, keep moving through the finish chute to the recovery area. You do not need to hand back your race number.

## FINISHER MEDAL

All participants will receive their official Brisbane Marathon Festival 2023 finisher medal commemorating their completion of the event. After you exit the recovery area you will pass tables for you to take a finisher medal if you would like to. Please only take one medal for your specific distance. Volunteers will assist in this.

## CLIF RECOVERY ZONE

Electrolyte sports drink, water, CLIF Builders protein bars and fresh fruit will be available to participants in recovery. This will be self serve.

## PRESENTATIONS

Overall winners presentations will commence approximately 30mins after the first three male and female competitors have crossed the line in each event.

## MEDICAL AID

If you require medical assistance please seek attention from our medical staff at the finish line.

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to be the best.**

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for Next Term

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enrolment offer



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## NATIONALLY RECOGNISED QUALIFICATIONS

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BARBERING • REMEDIAL MASSAGE • NAILS

# AFTER THE RACE

## RESULTS

Full, half, 10km, 5km and 2km Race results will be available online [here](#).

Results can also be viewed by scanning the QR code on the back of your bib or visiting the link here.

## PERSONAL RESULTS CERTIFICATE

Your own personalised results certificate will be available online after you finish your event.

Simply select your name to download and print your official 2023 finisher certificate.



**ENTER NOW & SAVE**

**EARLY BIRD DISCOUNTS END JUNE 13 2023**

**42.2KM | 21.1KM | 10KM | 5KM | 2KM**

**[cairnsmarathon.com.au](http://cairnsmarathon.com.au)**

**CAIRNS MARATHON**  
& community run festival

**15-16 JULY 2023**



**ENTER NOW & SAVE**

**EARLY BIRD DISCOUNTS END JULY 11 2023**

**42.2KM | 21.1KM | 10KM | 5KM | 2KM**

**[sunshinecoastmarathon.com.au](http://sunshinecoastmarathon.com.au)**

**Sunshine Coast MARATHON**  
& community run festival

**11-13 AUGUST 2023**

# AFTER RACE DAY

## ITAB MEDAL INSERTS

Celebrate your fantastic achievement at the Brisbane Marathon Festival with iTAB. Finisher medals are designed to fit an iTAB, a small metallic finished plate with your name and finishing time engraved. Simply affix your iTAB to your medal. Pre-purchased iTAB medal inserts will be posted to your registered postal address following the event. Allow up to 30 business days for postage. iTAB inserts can be ordered from their [website](#).

## EVENT PHOTOGRAPHY

The team from Marathon-Photos will be capturing your experience on race day. Remember to smile for the camera and give them a wave. Your personal event photographs

will be available for purchase online from [marathon-photos.com](http://marathon-photos.com) following the event

## PRIZES

The first three male and female finishers overall in each event will be awarded prizes on the day. Age group medals are awarded to first place in each category only and will be mailed out after event weekend.

## FUNDRAISING

The Brisbane Marathon Festival is proud to be raising funds for major beneficiary Ronald McDonald House South East Queensland. Further fundraising information can be found [here](#).



SHOP NOW

## BEFORE

Give your body what it needs to perform at its best.



## DURING

What you eat during exercise can impact performance.



## AFTER

When muscles are hungry for nutrients.



The annual Brisbane Marathon Festival will be held on **Sunday 4th June 2023**

This event includes a Full Marathon, as well as Half Marathon, 10km, 5km and 2km Mini Marathon. In order to ensure the safety of all participants, comprehensive traffic management plans will be in place, from the earliest time of **3:00am** to latest time of **1:00pm**, to manage road closures across the following suburbs: *Brisbane City, New Farm and Kangaroo Point.*

**Further details are provided below:**

Road	Impact	Description	Start Time	Finish Time
Alice St	CLOSED	Albert St - Edward St	3:00am	1:00pm
Edward St	CLOSED	Mary St - Alice St	3:00am	1:00pm
Margaret St	CLOSED	Albert St - Felix St	3:30am	1:00pm
Felix St	CLOSED	Mary St - Margaret St	3:30am	1:00pm
Mary St	CLOSED	Felix St - Market St	3:30am	1:00pm
Spencer Lane	CLOSED	Spencer Lane Closed	3:30am	1:00pm
Market St	CLOSED	Charlotte St - Mary St	3:30am	1:00pm
Eagle St	CLOSED	Market St - Wharf St	3:30am	1:00pm
Queen St	CLOSED	Wharf St - Adelaide St	3:30am	12:45pm
Macrossan St	CLOSED	Queen St - Adelaide St	3:30am	12:45pm
Adelaide St	CLOSED	Queen St - Ivory St	4:00am	12:45pm
Ivory Street	CLOSED	Harrison Lane - Brunswick St	4:00am	12:30pm
Boundary Street	CLOSED	Ivory St - New Farm Riverwalk	4:00am	12:30pm
Ivory Street Tunnel	CLOSED	Ann St - Bowen Tce	4:00am	12:30pm
Story Bridge	CLOSED	Ann St - Main St	4:00am	10:30am
Main St	CLOSED	Story Bridge - River Terrace	4:00am	10:30am
River Terrace	CLOSED	Main St - Leopard St	4:00am	10:30am
Leopard St	CLOSED	Vulture St - River Terrace	4:00am	10:30am
Merthyr Road	CLOSED	Moray St - Brisbane Riverwalk	4:30am	12:00pm
Moray Street	CLOSED	Bowen Tce - Merthyr Rd	4:30am	10:45am
Bowen Terrace	CLOSED	Story Bridge - Moray St	4:30am	10:45am
Griffith St	CLOSED	Merthyr St - Sydney St	4:30am	12:00pm
Oxlade Dr	CLOSED	Sydney St - Brunswick St	4:30am	11:30am
Brunswick St	CLOSED	Oxlade St - Sydney St	4:30am	11:30am
Sydney St	CLOSED	Brunswick St - Lamington St	4:30am	11:15am
Lamington St	CLOSED	Sydney St - Welsby St	4:30am	11:15am
Welsby/Gray St	CLOSED	Lamington St - Macquarie St	4:30am	11:00am
Macquarie St	CLOSED	Gray St - Florence St	4:30am	11:00am
Vernon Tce	CLOSED	Florence St - Commercial Rd	4:30am	11:00am
New Farm Riverwalk	Shared		5:30am	12:00pm

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2023

course map



The Brisbane Marathon Festival has been a must do event on the running calendar. Over 8,000 participants will run a picturesque course throughout Brisbane City, over the iconic Story Bridge, then along the beautiful Brisbane River out to New Farm and returns to the City Botanic Gardens. This stunning course proudly showcases our beautiful City to locals and visitors and brings much needed economic benefit to the area. This event proudly supports Ronald McDonald House Charities South East Queensland. RMHCSEQ provides essential accommodation and support services for seriously ill children and

their families. Ronald McDonald Houses help to preserve the family unit in the midst of physical, emotional and financial stress and also gives parents the chance to draw hope and comfort from other families in similar situations, while being supported by dedicated and friendly staff and volunteers.

For more information or to make a donation, please scan the QR Code.



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